



# ELEMENTARY SCHOOL WEST BREAKFAST MENU



State requires offering of 1 cup of fruit at breakfast and lunch. If not on menu, is offered at register

4	5	6	7	8
<b>Jump Start Breakfast Meal Pack</b> Choice of Milk	<b>Jump Start Breakfast Meal Pack</b> Choice of Milk	<b>Otis Muffin</b> Cheese Stick Fruit Choice of Milk	<b>Otis Muffin</b> Cheese Stick Fruit Choice of Milk	<b>Kellogg's Nutri-Grain Bar</b> Cheese Stick Fruit Choice of Milk
11	12	13	14	15
<b>Kellogg's Nutri-Grain Bar</b> Cheese Stick Fruit Choice of Milk	<b>Kellogg's Rice Krispy Treat</b> Cheese Stick Fruit Choice of Milk	<b>Cinni Mini Pastry</b> Fruit Choice of Milk	<b>Cinni Mini Pastry</b> Fruit Choice of Milk	<b>Kellogg's Rice Krispy Treat</b> Cheese Stick Fruit Choice of Milk
18	19	20	21	22
<b>Cin.Toast Crunch Cereal Bar</b> Cheese Stick Fruit Choice of Milk	<b>Cin.Toast Crunch Cereal Bar</b> Cheese Stick Fruit Choice of Milk	<b>Kellogg's Pop Tart</b> Cheese Stick Fruit Choice of Milk	<b>Kellogg's Pop Tart</b> Cheese Stick Fruit Choice of Milk	<b>Trix Cereal Bar</b> Cheese Stick Fruit Choice of Milk
25	26	27	28	29
<b>Trix Cereal Bar</b> Cheese Stick Fruit Choice of Milk	<b>Kellogg's Nutri-Grain Bar</b> Cheese Stick Fruit Choice of Milk	<b>Kellogg's Nutri-Grain Bar</b> Cheese Stick Fruit Choice of Milk	<b>Otis Muffin</b> Cheese Stick Fruit Choice of Milk	<b>Otis Muffin</b> Cheese Stick Fruit Choice of Milk

## Breakfast in the Classroom

**COST**  
**Free**

Just stop by the cafeteria when you arrive at school and Grab-a-Bag. It's that easy. Be sure to have the para-educator check your name off.

**Choice of Fruit or Juice**  
What do you like? Fresh Apples? Oranges? Bananas?

**Choice of Milk**  
Variety includes low-fat and fat-free choices.

**Hello! My name is Ana.**  
Breakfast is my favorite meal of the day.

Hey Friends, be sure to start your day off right with a good breakfast! A balanced meal in the morning will give you the energy and nutrition you need to fuel your brain and body for a busy day.

